

THE WEEKLY

Monday, February 28, 2023



A Few Thoughts from our Principal ...

Well, it is almost March Break! I know many of you have already made plans, while others will take a more 'one day at time' approach to the time off. Intuitively, we all know that spending time with our children is so important for their social-emotional development and March Break seems to present an ideal opportunity to do this. However, not every one is able to take a family trip and spend hours on the beach, at Disney World, or skiing down a mountain and I think it is important to remind ourselves that studies have shown that it is the QUALITY of time we spend with our children that is important, not the QUANTITY.

"Children need high-quality time with parents and caregivers - that is what is most beneficial to children and what can have a positive effect on them as they grow. It isn't about endless hours of time - it's about how you choose to spend that time that truly matters." ("Tips for Spending Quality Time with your Child" by Jessica Alvarado, National Association for the Education of Young Children)

This article goes on to give a few suggestions of ways to spend 'quality time with your child that don't' require a significant amount of time or money. I'm sure that many of these suggestions are already a part of your daily lives – and it is certainly not an exhaustive list, but, as we head into 2-weeks of vacation time, I thought it would be a good reminder for all of us:

- ◇ Have a daily "connect" time with your child. Do this face-to-face, if possible; but if this isn't an option, create a routine for doing so in other ways, such as leaving a note in your child's lunch bag, posting a note by his toothbrush, or writing an encouraging saying on a shared whiteboard in the house.
- ◇ Create a special ritual for you and your child - something that can be done every day. For example, let your child choose and read one book with you at bedtime.
- ◇ Tell your child you love him/her every single day. Tell them how important they are to you and how they makes you feel.
- ◇ Reinforce positive behavior. For example, if your child completes their chores without needing to be asked, acknowledge it with words of appreciation - even if you don't have the chance do so until the next day.
- ◇ Make and eat meals with your children whenever possible. If time is limited, look for simple meals that require very little preparation, or grab a healthy snack and sit for a few minutes and chat with your child.
- ◇ Schedule time for doing an activity of your child's choosing. Be sure to follow through and complete the activity without any distractions.
- ◇ Play with your child, even if it's during bath time or outside before you drop them off at school. Every little bit of time makes a positive impact!
- ◇ Laugh and be silly with your child.
- ◇ Turn off technology when you spend time with your child. Try not to text, answer calls, scroll through social media, or watch television.
- ◇ **Most importantly, pray with your child. Have a time of quiet devotions where you can pray, read a Bible story, or sing a favourite praise and worship song or chorus.**

Enjoy your break – wherever or however you spend it out in God's wonderful creation!

"How many are your works, O Lord! In wisdom You made them all"
Psalm 104:24

Mrs. Cathy Sallows (Principal) - csallows@willowdalechristianschool.org
Mrs. Miriam Venneri (Office Administrator) - office@willowdalechristianschool.org

PRAYER @ WCS

- Staff of the Week ~ Mrs. Miles
- Families of the Week ~ Ng (Ethan), Ng (Matthew), Pai, Park (Ayden & Maven)
- Wednesday Worship ~ Mr. Eyre will continue with our theme for this year - Fruit of Spirit. He will teach about FAITHFULNESS ~ "I will not quit."

**** Prayer Meeting is cancelled until Tuesday, March 21 ****

~~Parents Prayer Meeting (via Zoom) ~ Tuesdays @ 8:00 pm~~

Contact Person ~ Surance Tunggal (WCS Parent) wcsprayerbox@yahoo.com.

If you have items to include in our PRAYER section, please send an email to office@willowdalechristianschool.org

WHAT YOU NEED TO KNOW

FRIDAY - SKATING (JK - Gr. 3 @ 12:30 pm – 1:30 pm // Gr. 4 - 8 @ 2:00 pm – 3:00 pm)

The school has a limited number of skates for borrowing by students. (We do NOT have helmets.) Skates can be found on gym stage until Wed/Mar/01. They are arranged from smallest to largest sizes. Parents are welcome to go into the gym BEFORE or AFTER school to try skates on their child. (Teachers are not responsible for this.) **Borrowed skates MUST be returned to the stage by 3:30 pm on Fri/Mar/03!** ONLY Volunteers should meet at school prior to walking to the arena. (Parents who wish to attend skating should go directly to Goulding.)

NOTE: It is mandatory for JK - Gr. 3 to have helmets, mittens, and snow pants or they cannot go on the ice. If you have any questions, please contact your child's teacher.

Fri/Apr/28 - Annual Fundraising Dinner

RSVP by Wed/Apr/12. Please see 2 documents attached to the Weekly for information about the dinner and auction.

Sat/May/27 @ 1:00 pm - 4:00 pm ~ RETIREMENT CELEBRATION for MRS. SALLOWS

SAVE THE DATE! See attached invitation.

LOST & FOUND

All items from the Lost & Found bin have been placed outside the office. Please come and take a look before March Break to see if anything belongs to your child. Unclaimed articles will be taken to a donation center on Fri/Mar/03.

OPTIONS - Today is the last session!

We have had an excellent time of learning, fellowship, and fun! A special thank you to all our parent volunteers (Ms. Pratt, Mrs. Lanois, Mr. Velbovets, Mr. Cheung, Mrs. Tran, Mrs. Jayatunga, Mrs. Kasim, and Mrs. Krupin), our "outside-of-the-school" leaders, and to our teachers for making it a huge success for the students! Please note that if you still have not paid your child's Option Fee, you will receive an email as a reminder of what you still owe. Money can be paid through E-transfer, cash, or cheque.

This calendar lists upcoming HIGHLIGHTS only. Refer to 2022/23 School Calendar for ALL events.

DATE	TIME	EVENT	TAKE NOTE
TUESDAY	6 - 9 pm	Parent-Teacher Conferences	Online via Teams
WEDNESDAY	4 - 6 pm	Parent-Teacher Conferences	Online via Teams
WEDNESDAY	7:00 pm	Open House	For Perspective Families
THURSDAY	Lunch	Pizza Day	Note Change of Date!
FRIDAY	AM & PM	Skating @ Goulding Arena	Dress Down Day
FRIDAY	Lunch	THERE IS NO PIZZA!	Send your child a lunch today
Mon/Mar/06 - Fri/Mar/17 ~ March Break			
Fri/Mar/24	—	Professional Development Day	NO SCHOOL
Thu/Mar/30	—	Grade 4, 5, 6 Class Trip	Royal Ontario Museum
Wed/Apr/05	7:00 pm	Open House	For Perspective Families